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**FOR IMMEDIATE RELEASE**

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**THE WELLNESS COMMUNITY PARTNERS WITH CARINGBRIDGE®**  
***Free, Personalized Websites Connecting Loved Ones during a Health Event***

[Saint Louis, MO] – The Wellness Community of Greater St. Louis, a non-profit organization which offers a free professional program of support, education, and stress-reduction to people affected by cancer, announced today a partnership with CaringBridge, a charitable nonprofit organization providing free, private websites that connect families and friends during a serious health event, care and recovery. A CaringBridge website gives people facing a health journey a place to provide updates, post photos, and receive messages of hope and encouragement in a guestbook.

“CaringBridge saves time and energy by centralizing communication during a health event,” said Sona Mehring, Founder and Executive Director, CaringBridge. “This eases the burden of updating family and friends and creates a network of support for everyone involved.”

“Partnering with CaringBridge adds an important benefit to our support system for the people we serve who are affected by cancer,” said Laura Rossmann, Executive Director, The Wellness Community. “It will allow participants on our website to create their own CaringBridge websites about their cancer journey to update friends and family about their course of treatment and how they are feeling. It will also help caregivers who are receiving updates on CaringBridge find out about the services available to them at The Wellness Community though links back to our website.”

Founded in 1997, more than 200,000 CaringBridge websites have been created, generating more than half-a-million daily visits. The CaringBridge community includes authors, visitors and donors in all 50 states and more than 225 countries and territories. For more information, visit [www.CaringBridge.org/wellnesscommunitystl](http://www.CaringBridge.org/wellnesscommunitystl)

**ABOUT THE WELLNESS COMMUNITY OF GREATER ST. LOUIS**

The Wellness Community of Greater St. Louis is an affiliate of Cancer Support Community, an international non-profit organization whose mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. All programs are completely free of charge and offered in a comfortable, home-like environment. In addition, The Wellness Community provides services on all major hospital campuses in the area. The Wellness Community offers professionally-led support groups, educational workshops, nutrition and exercise programs, plus stress-reduction classes to empower and educate individuals affected by cancer. For more information, visit [www.wellnesscommunitystl.org](http://www.wellnesscommunitystl.org).

**About CaringBridge**

CaringBridge is a charitable nonprofit organization providing free websites that connects family and friends to share information, love and support during a serious health event, care and recovery. Its mission is to bring together a global

community of care, powered by the love of family and friends, in an easy, accessible and private way. CaringBridge saves time and energy by centralizing communication and easing the burden of updating everyone during a health event.

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