



FOR IMMEDIATE RELEASE
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THE WELLNESS COMMUNITY PRESENTS
FRANKLY SPEAKING ABOUT ADVANCED BREAST CANCER WORKSHOP
FREE EDUCATIONAL WORKSHOP ENCOURAGES PATIENT ACTIVE APPROACH

St. Louis, MO (September 23, 2008) – The Wellness Community of Greater St. Louis will host a free educational workshop on the latest treatments for advanced (metastatic) breast cancer entitled *Frankly Speaking about Advanced Breast Cancer* on **Thursday, September 25, from 3:00pm to 5:00pm**, at the **Center of Clayton, 50 Gay Avenue in Clayton, MO 63105**. Dr. Peter Weiss of the Siteman Cancer Center and St. Luke's Cancer Center will present the newly-updated two hour workshop. This educational workshop will provide participants with the most current information on advanced breast cancer treatment options, side effects, and ways to manage those side effects. The program, open to advanced (metastatic) breast cancer patients, family members and friends, seeks to empower patients and the people in their lives by providing them with the information and inspiration to adopt the patient active approach, which is partnering with their healthcare team by taking on a more active informed role in their treatment decisions and well-being. A panel of expert Mind/Body Practitioners will discuss complementary therapies for symptom and stress management. Free comprehensive patient educational booklets about advanced breast cancer issues and concerns after diagnosis, treatment, and information on wellness tools will be provided.

Presenters:

- **Dr. Peter Weiss, Oncologist, Siteman Cancer Center and St. Luke's Cancer Center**
- **Panel of expert Mind/Body Practitioners will discuss complementary therapies for symptom and stress management.**

Advance registration is preferred but walk-in attendees are welcome.

To register, please call 314-238-2000 or visit www.wellnesscommunitystl.org

Refreshments will be served during registration from 2:30-3:30pm.

Frankly Speaking about Advanced Breast Cancer is one in a series of free cancer-related educational programs created by The Wellness Community—National. The *Frankly Speaking about Advanced Breast Cancer* program is made possible through educational grants from AstraZeneca, Abraxis BioScience, and GlaxoSmithKline Oncology. Visit www.thewellnesscommunity.org or locally www.wellnesscommunitystl.org to learn more.

ABOUT THE WELLNESS COMMUNITY OF GREATER ST. LOUIS

The Wellness Community of Greater St. Louis is part of a national non-profit organization that provides support, education, and hope to people with cancer and their loved ones. Through participation in professionally led support groups, educational workshops and mind/body classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope regardless of their stage of disease. Most importantly, The Wellness Community provides a home-like setting for people fighting cancer to connect with and learn from each other. At The Wellness Community, all programs are free of charge.

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