



FOR IMMEDIATE RELEASE
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THE WELLNESS COMMUNITY LAUNCHES NEW COPE BY FAITH CANCER SUPPORT GROUP

Group empowers participants to use their Christian faith to work through issues

(ST. LOUIS, MO) –The Wellness Community of Greater St. Louis is starting a new Protestant faith-based support group for people affected by cancer. **The group will meet Thursday evenings for six weeks beginning on January 29, 2009.**

“The Wellness Community’s new Cope by Faith Support Group will provide an opportunity people affected by cancer to share their faith and to offer support and encouragement to each other.” says The Wellness Community’s Program Director, Charli Prather, MSW LCSW.

Cope by Faith is a program designed to explore spiritual issues arising out of cancer diagnosis. This 6-week series, facilitated by: Karen Tripp, MS LMFT Author/Lecturer, focuses on those issues from a Protestant perspective. The sessions will explore how to let God handle things outside of our control, what is controllable and what is not, how to distinguish between healing and being cured, how to evaluate one’s priorities and goals, and how to make the most of life. The Wellness Community of Greater St. Louis and Dr. Natalie Hamrick from the Indiana University School of Medicine have partnered to offer this program to focus on the effect of using religious teachers to work through cancer’s big issues. The Lutheran Foundation of St. Louis has provided a generous grant that makes the Support Group possible.

Cope by Faith Support Group

When: Thursday evenings beginning 1/29/09

Where: Christ Memorial Lutheran Church
5252 S. Lindbergh Blvd., St. Louis, MO 63126

Why: The Wellness Community is committed to providing St. Louis and the surrounding area’s cancer patients and their loved ones with free programs that offer emotional support, education, and hope.

RSVP: Please call **The Wellness Community** at 314-238-2000. You must register for a short information and interview session prior to beginning the group.

ABOUT THE WELLNESS COMMUNITY OF GREATER ST. LOUIS

The Wellness Community of Greater St. Louis provides financial and emotional support, education, and hope to people with cancer and their loved ones and is part of an international non-profit organization. Through participation in professionally led support groups, educational workshops and mind/body classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope regardless of their stage of disease. Most importantly, The Wellness Community provides a home-like setting for people fighting cancer to connect with

and learn from each other. At The Wellness Community, all programs are free of charge. For additional information, visit The Wellness Community of Greater St. Louis website:

www.wellnesscommunitystl.org

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