



FOR IMMEDIATE RELEASE
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THE WELLNESS COMMUNITY LAUNCHES NEW BREAST CANCER MONTHLY NETWORKING GROUP

Group empowers participants to take an active approach to their recovery.

(ST. LOUIS, MO) –The Wellness Community of Greater St. Louis is starting a new monthly networking group for women newly diagnosed with breast cancer as well as those who are currently in treatment or are post treatment. **The group will meet the second Wednesday of each month from 6:30 – 8:00 PM beginning on January 14, 2009.** The group will be drop-in with no reservation necessary.

“The Wellness Community’s new Breast Cancer Monthly Networking Group will provide an opportunity people affected by breast cancer to connect with others with the same or similar diagnosis or life circumstance, to exchange information, and to offer support and encouragement to each other.” says The Wellness Community’s Program Director, Charli Prather, MSW LCSW.

The monthly networking group, facilitated by a licensed therapist, empowers participants to take an active approach to their recovery by giving them the opportunity to discuss various treatment issues and wellness practices with other participants, such as what they have gained from their experiences, treatments that have worked for them, and the various choices that are available.

Breast Cancer Monthly Networking Group

When: 2nd Wednesday of each Month beginning 1/14/09; 6:30 – 8:00 PM

Where: The Wellness Community of Greater St. Louis
1058 Old Des Peres Road, St. Louis Mo 63131

Drop-in, no reservation necessary.

For more information: 314-238-2000

ABOUT THE WELLNESS COMMUNITY OF GREATER ST. LOUIS

The Wellness Community of Greater St. Louis provides financial and emotional support, education, and hope to people with cancer and their loved ones and is part of an international non-profit organization. Through participation in professionally led support groups, educational workshops and mind/body classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope regardless of their stage of disease. Most importantly, The Wellness Community provides a home-like setting for people fighting cancer to connect with and learn from each other. At The Wellness Community, all programs are free of charge. For additional information, visit The Wellness Community of Greater St. Louis website:

www.wellnesscommunitystl.org

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