

**Contact:** Linda Novak  
Phone: 314-238-2000  
Inovak@wellnesscommunitystl.org

## FOR IMMEDIATE RELEASE – MEDIA ALERT

### Living With Advanced Breast Cancer Free Educational Workshop For Women and Their Loved Ones

**St. Louis, MO (August 25, 2009)** – The Wellness Community of Greater St. Louis will host a free workshop for women with Advanced Breast Cancer and their loved ones entitled: *Frankly Speaking About Advanced Breast Cancer*. The program will focus on the needs both of women newly diagnosed with advanced (metastatic) breast cancer and women who have lived two to five years with the disease. This free workshop will take place on **Friday, September 4, 2009** from **10:00am – 12:00 Noon** at **SSM DePaul Health Center** in the May Community Education Center, 12303 DePaul Drive, St. Louis, MO 63044.

“Women can and do live for years with metastatic cancer. This program gives patients, as well as their families, the opportunity to learn more about the disease and develop the skills necessary to become an active and informed partner with their treatment team,” said **Charli Prather, Clinical Program Director of The Wellness Community of Greater St. Louis**.

Advance registration is preferred, but walk-in attendees are welcome. To register, please call **314-238-2000** or Register Online at [www.wellnesscommunitystl.org](http://www.wellnesscommunitystl.org). (Onsite registration and continental breakfast is at 9:30am.)

#### Featured speakers include:

- **Daniel Cuevas, MD, Medical Oncologist,  
SSM Cancer Care at DePaul Health Center**
- **Karen Tripp, MS, LMFT/Author and Wellness Community Facilitator**
- **Survivor Panel**

The free workshop will provide information about survivorship issues, new treatments, and concerns for women newly diagnosed with metastatic cancer, in order to empower them to live their best quality of life and be active participants in their cancer journey. *Frankly Speaking About Advanced Breast Cancer* is created by The Wellness Community in collaboration with Living Beyond Breast Cancer ([www.lbbc.org](http://www.lbbc.org)) and made possible through an unrestricted educational grant from GlaxoSmithKline Oncology, AstraZeneca and Abraxis.

###

**Note:** Reporters are welcome to attend the workshop, however, please contact us in advance if you are interested in bringing a photo/videographer or would like a facility tour.

#### ABOUT THE WELLNESS COMMUNITY OF GREATER ST. LOUIS

The Wellness Community of Greater St. Louis is part of an international non-profit organization that provides support, education, and hope to people with cancer and their loved ones. Through participation in professionally led support groups, educational workshops and mind/body classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope regardless of their stage of disease. Most importantly, The Wellness Community provides a home-like setting for people fighting cancer to connect with and learn from each other. At The Wellness Community, all programs are free of charge.