

## **DANCE! Katherine Dunham Technique: A Way of Life - RSVP**



Katherine Dunham (b.1909 – d. 2006) was known as a legendary dancer, but also writer, advocate, humanist, songwriter, and anthropologist. In the 1930s Dunham developed “Dance Anthropology” based on her experience with the dance of other cultures. The Dunham Technique is a blend of African, Caribbean, ballet, and modern dance that incorporates the chakras, core strength, and breathing techniques. The instructor will be Theodore H. Jamison: Dancer/Performer/Teacher/Choreographer. Theo is the Program Director for SIUE East St. Louis Center for the Performing Arts, and was certified by Katherine Dunham herself to teach the world renowned Dunham Technique.

**When: Wednesday, June 23<sup>rd</sup> 6:30-7:30 PM**

**Where: The Wellness Community,  
1058 Old Des Peres Road, St. Louis, MO 63131**

**RSVP 314-238-2000 or [www.wellnesscommunitystl.org](http://www.wellnesscommunitystl.org)**