

LEUKEMIA

LYMPHOMA

MYELOMA

~West St. Louis County~

Meets at The Wellness Community

1058 Old Des Peres Rd 63131

2nd Tuesday evening of each month, 6:30 to 8:00 pm

Blood Cancer Support Group

for adult patients and family coping with
Leukemia, Lymphoma, Myeloma, MDS
or other blood cancers

Nov 10: Coping with Cancer During the Holidays

Dec 8: Holiday and 25th Anniversary Party!!

Jan 11, 2010: Cancer and Nutrition: Ask the Dietician, Julie Noel, R.D.

Feb 8, 2010: Cancer and Exercise, with Cancer Exercise Specialist Val Strang

**March 9, 2010: Cooking Demonstration. Nutrition Specific information
for blood cancer survivors. Robin McClanathan, MT (ASCP)-RSVP**

April 10, 2010: Ask the Doctor

Professionally facilitated and free of charge.
Free parking provided

For more information, please contact:

LLS Patient Services Department, 314-878-0780
The Wellness Community, 314-238-2000

www.lls.org/gat
www.wellnesscommunitystl.org

