

Mission

To help people affected by cancer enhance their health and well-being through participation in a professional program of emotional support, education and hope. Programs and services are held in a homelike setting where people affected by cancer can come to be with others, to build support and a sense of extended family, to share, learn, and improve their quality of life.

Vision

Position The Wellness Community as the gold standard for cancer support and education, continue to expand outreach to serve as many people affected by cancer with the resources available, and uphold our mission ensuring that no one faces cancer alone.



Programs and Services

Comprehensive services include weekly and monthly support groups for people with cancer and their loved ones, stress management programs, gentle exercise classes, and educational presentations with the area's leading oncology experts.

The comfortable, home-like environment at The Wellness Community makes sharing and mutual support easy. Support groups offer a unique opportunity to share feelings, information and learn new ways to cope with cancer. Educational programs cover topics such as employment, legal, and insurance issues, information about advances in treatment, meditation and nutrition/cooking. Gentle movement programs such as Yoga, Nia, Pilates, Qi Gong, and Lebed help relax the mind and restore flexibility and muscle strength after surgery and treatment.

All programs and services offered by The Wellness Community are provided free of charge to ensure that no further financial burden is placed on those already dealing with life-threatening issues.

2007 Highlights

In February, The Wellness Community, the Leukemia & Lymphoma Society and the Cancer Agencies Network offered a day-long educational conference, "Cancer in the Classroom". More than 200 teachers, school counselors, principals, and school nurses attended from public, parochial, and independent schools in the area. The conference provided suggestions for working with students who have cancer as well as with students whose parents have cancer.

In June, Belleruth Naparstek, world renowned author and guided imagery expert, was the keynote speaker at the national Wellness Community's 25th Anniversary celebration held in St. Louis. More than 150 people attended the much anticipated program, "Gifts for the Imagination: Guided imagery for surviving and thriving beyond cancer".

"TWC has made the difference for me between 'surviving' cancer and living each day as a whole person."

In October, The Wellness Community's signature fundraising awards dinner and auction gala was another record breaking event raising more than \$340,000. 500 guests attended this premier event and included Master of Ceremonies, Bob Costas, from NBC Sports, along with prominent leaders from the corporate and oncology communities as well as major local philanthropists.

2007 Program Statistics

- ◆ 1,090 people, whose lives were affected by cancer, participated in The Wellness Community's programs. These individuals made 7,418 separate visits to various programs throughout the year.
- ◆ 60% of the above were new to The Wellness Community.
- ◆ Additionally, other people in the St. Louis community were touched by The Wellness Community 29,350 more times through health fairs, presentations, and The Wellness Community website.
- ◆ 229 people participated in Support Groups
- ◆ 178 people participated in Stress Management Programs
- ◆ 424 people participated in Educational Workshops

Statement of Financial Position

December 31, 2007

ASSETS

Current Assets

Cash and cash equivalents, including certificates of deposit (\$177,077)	\$470,614
Prepaid expenses and other	11,503
Pledges receivable	<u>6,842</u>
Total current assets	488,959

Other Assets

Restricted certificates of deposit	50,000
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Property and Equipment

Furniture and equipment	67,192
Leasehold improvements	<u>210,898</u>
	278,090

Less accumulated depreciation and amortization	<u>125,206</u>
	<u>152,884</u>

Total Assets	<u>\$691,843</u>
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LIABILITIES AND NET ASSETS

Current Liabilities

Accounts payable	\$7,085
Accrued payroll and payroll taxes	<u>532</u>
Total current liabilities	7,617

Other Liabilities

Deferred lease payments	19,078
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Net Assets

Unrestricted	588,961
Temporarily restricted	26,187
Permanently restricted	<u>50,000</u>
Total net assets	<u>665,148</u>

Total Liabilities and Net Assets	<u>\$691,843</u>
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Statement of Activities

Year ended December 31, 2007

Revenues and other support

Contributions

Corporations, foundations and Organizations	\$188,652
Individuals	161,415
Special event fundraisers	352,421
Donated goods and services	52,153
Investment and other income	20,610
Net assets released from restrictions	<u>0</u>

Total revenues and other support	<u>775,251</u>
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Expenses

Program Services

Program and services	332,574
Community education	175,761

Supporting Services

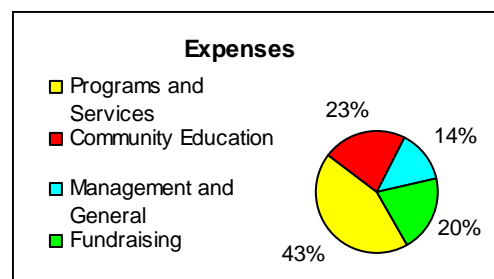
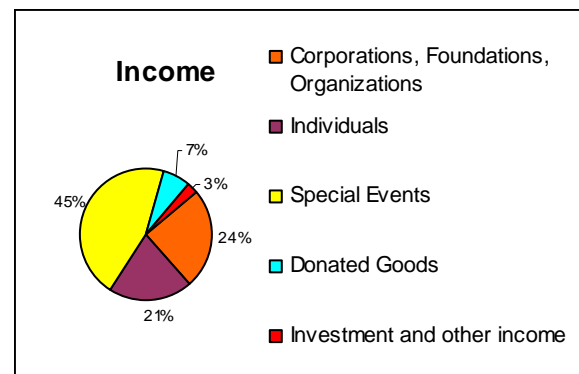
Management and general	106,062
Fundraising	154,080

Total Expenses	<u>768,477</u>
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Change in net assets	<u>6,774</u>
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Net assets at beginning of year	629,277
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Net assets at end of year	<u>\$665,148</u>
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"I have made friends, have laughed and been encouraged. No pity, no sadness, just strength and support. The Wellness Community has been a second home."